

**London School of Reflexology Certificated Course in**  
*In*  
**Power Reflexology**  
**including balancing chakras**

*Approved Association of Reflexologists 14 C.P.D. course*

*Will be held by Louise Keet live on Zoom on*

**Sunday 25<sup>th</sup> February OR Friday 7<sup>th</sup> June 2024**

9.30am – 3.45pm

**Cost £125**

This refreshingly new practical one-day course is aimed at developing and improving your skills, techniques to give your clients better treatment results as well as helping increase your client base. You will learn how to use power reflexology on two levels, the first to maximise your treatment time in corporate settings, PR events, mother toddler groups and fates to make your services both cost effective and be able to treat many clients within a short time. The second level is the original chakra power reflexology that aims to balance the chakras using an original method developed by Louise Keet to create harmony support the systems, emotions and energies of your client.

You will be taught live by Louise Keet author of the Reflexology Bible and Hand Reflexology. In the morning you will learn how to develop a bespoke holistic and effective 20-30-minute treatment that can be used when you are working with corporate clients, family reflexology, mother toddler groups, PR events, NHS, fates and exhibitions. This method can help you deliver up to five treatments within two hours or up to fourteen treatments a day maximizing your treatment time making your services appealing.

Your guide of key reflexes out of balance with common ailments will help develop your confidence and support you to structure your holistic Power Reflexology treatments which you will design to meet your client's needs. You will be taught protocols to help make the most of your client's time. Corporate companies, group of clients and the NHS are attracted to cost effective treatments which will allow you to offer Reflexology to many clients in your allocated time. You will learn how to use Power reflexology to build up your business within large groups, use your treatment time better and explore different target markets, and the corporate market.

In the afternoon you will learn Chakra Power Reflexology an original system of treating a client using the chakras, endocrine and nervous system to help unblock body armour that may have developed as a result of trauma, stress, illness or unfulfilled desires. You will learn a new original sequence, skills and techniques to apply a Chakra Power Reflexology treatment that works to unblock body armour from the inside out creating a profoundly deep level of relaxation, balance and wellbeing helping your client on a physical, emotional and energetic level. Power Reflexology can help support your client to assist them on their journey to recovery.

This is an original way of treating clients and developed by Louise Keet. This profoundly deep treatment can have a positive impact in helping clients move on in their physical, energetic or emotional recovery process.

We may survive trauma however some of us may not have moved on and formed a kind of armour to protect ourselves, not only from the blows of the outside world, but also from deep rooted emotional malaise. Unless this armour is unblocked on a deep energetic level it may manifest into illnesses or give rise to physical or emotional weaknesses. These new techniques and sequence will help address and re-harmonise the chakras and the physical and emotional affects this energetic disharmony may have caused your client. This year course includes treating for the continuing physical, emotional and energetic effects of long covid.

Power Reflexology is approved and recommended by the Association of Reflexologists and at the end of this skills day you will be awarded with a Diploma in Power Reflexology and gain 14 CPD points with the Association of Reflexologists if you are one of their members.

Places are limited and are on a **first come basis** please email [louise@learnreflexology.com](mailto:louise@learnreflexology.com) to request your place.

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### COURSE BOOKING FORM

I wish to confirm my place for **Power Reflexology** on;

Name .....

Address.....

Phone Number ..... e- mail .....

London School of Reflexology 020 7691 0793 [www.learnreflexology.com](http://www.learnreflexology.com). Terms and conditions are the same as the (ITEC Diploma) course we do not offer refunds and cancellations must be within 10 days of the course.