

London School of Reflexology

Certificated Diploma Course in

In

Indian Head Massage

Approved Association of Reflexologists 14 C.P.D. course

Thursday 8th October or Thursday 15th April

10.00am – 5.00pm Cost £120

This Indian Head Massage Diploma is officially recognized by the Association of Reflexologists as a Continuing Professional Development course.

The course will teach you how to effectively treat a client with Indian Head Massage.

Indian Head massage can easily be integrated into your reflexology practice and will attract more clients. Many therapists find this skill catches the attention of a new clientele and often doubles their business in a short period of time.

The class size is small and exclusive so apply early to secure your place. You will be given a receipt for the cost of the course which you can claim against tax.

People enjoy being massaged, as they know the benefits, joy and relaxation it can bring. The physical and mental stress that accumulates each day can cause weakness in the nerves and impairs circulation of the vital life fluids to the brain causing tension, disease, depression and headaches. The skull feels tight and heavy and the brain cannot function properly.

The best, easiest and most natural way to relieve these problems is with Indian Head Massage. It offers many benefits including; stimulating and improving scalp circulation which in turn helps strengthen and grow hair, it removes tension from the jaw and smoothes out face muscles, energy increases as the circulation and respiratory systems open to provide fresh oxygen to vital organs. It helps strengthen and mobilizes the muscles, tissues and spinal nerves of the head, neck, shoulders, arms, hands and upper spine.

Over the practical day you will learn the complete Indian Head Massage sequence which will enable you to add this new and effective therapy to your client services. You will learn how to massage the face, scalp, upper arms, neck and the shoulders.

Indian Head Massage is effective in relieving headaches, temporomandibular joint syndrome, facial palsy, sinusitis, facial spasm, depression, insomnia, anxiety attacks,

migraines, tinnitus, dizziness, eye strain, hypertension, carpal tunnel syndrome due to referred pain, frozen shoulder, neck and upper back pain.

There is no exam at the end of the course but continued assessment will take place.

On completing the course you will be awarded the following certificate:

Indian Head Massage Diploma



COURSE BOOKING FORM

I reserve my place for the Indian Head Massage Course on;

Please write down the date you wish to attend

and enclose my course fee of £120

Please make cheques payable to: London School of Reflexology
And send it with your registration form to
London School of Reflexology, 13 Brookfield, Highgate West Hill N66AS

Namesignature

Address

.....

Phone Numberse-mail.....

Terms and conditions are the same as the (ABC Diploma) course. Terms and conditions are the same as the (ABC Diploma) course. We do not give refunds and can offer an available alternative date for courses cancelled within 10 days' notice before the course date