

London School of Reflexology
Certificated Course in
Advanced Spinal Reflexology
Approved Association of Reflexologists 14 C.P.D. course

Will be held by Louise Keet live on Zoom on

Thursday 12th September

9.30am – 3.40pm

Cost £125

Spinal Reflexology is a unique and effective way to approach helping change and reduce symptom patterns. You will learn to work on the Spinal reflexes on the feet and work through the back door using spinal nerve roots aiming for better results from your Reflexology and develop your client base.

The Spinal reflexes represent our spine, our central nervous system as well as the whole body through spinal nerve roots. These nerve roots in between our vertebrae send out nerve branches to innervate the organs, glands, and areas of the body.

This course teaches you new skills and techniques to help access the reflexes for the spinal nerve roots and stimulate neural pathways to respective parts of the body, to effectively help a client through stimulating a spinal nerve root helping enhance optimal health.

This fascinating day will develop your knowledge, skills, and techniques to support the body ecology through the foot spinal nerve root reflexes with a totally new approach and sequence.

You will learn how to access each individual vertebra and spinal nerve root to support neural pathways. You will learn how to apply a range of new effective skills and techniques to offer precision, depth, and confidence to your treatments. You will learn how to structure a specific spinal reflexology sequence and treatment that is holistic and bespoke for your individual clients.

You will also learn how to add this new technique to your current sequence to help give a more effective outcome to your treatments and be able to help your clients on a deeper level. Sometimes a client's health may improve after many treatments. Spinal reflexology supports the direct reflex as well as their respective peripheral nerve roots helping to achieve a better outcome. Spinal Reflexology aims to identify weak areas in the body.

You will be taught; how to create shorter and specific-Spinal reflexology Sequence Protocols to help you plan bespoke spinal reflexology treatments that are designed for individual clients to help achieve positive results.

Additionally, you will be taught a Spinal Reflexology sequence and help understand the effects of **Long Covid**. On an individual

This course gives a new approach to treatments help develops skills to a high level and to help disorders throughout the body's systems and the effects of stress on the body by stimulating the spinal nerves. This will make your treatments far more effective and appealing to clients and the spine will start to take on a new meaning and become a pivotal area of your treatments. You will require a 'client' or alternative (plastic feet) to work on from 1.10pm – 3.20pm

On completion you will be awarded with an Advanced Spinal Reflexology Certificate

Places are limited and are on a first come basis please email louise@learnreflexology.com to request your place.

COURSE BOOKING FORM

I wish to confirm my place for **Spinal Reflexology** on:
and enclose my course fee of £125 to London School of Reflexology.

Name

Address.....

Phone Numbere- mail

Please return your completed application form to: London School of Reflexology

13 Brookfield Mansion, Highgate West Hill London N6 6AS. 020 7691 0793

www.learnreflexology.com. Terms and conditions are the same as the (ITEC Diploma) course we do not offer refunds.