

London School *of* Reflexology

Certificated Course in

In

Advanced Hand Reflexology

Approved Association of Reflexologists 14 C.P.D. course

Held by Louise Keet author of the best-selling Reflexology Bible and Hand Reflexology. Live on Zoom

Friday 4th October

9.30am – 3.40pm

Cost £125

This is a specialist Hand Reflexology certificated course. Louise will teach you live how to complete a reflexology sequence on the Hand and will help you to develop your skills and techniques in this very popular form of reflexology. You do not need to have anyone else present to do the course.

Hand reflexology complements foot reflexology to help develop unique selling points as well as being a popular standalone treatment. Hand reflexology is self-empowering as you can use this form of reflexology on yourself as well as your client. This is a wonderful skill that is attractive and beneficial to the elderly, children, those in hospices, corporate clients, mother toddler groups, public relation company events, perfect for talks demonstrations and introductions to reflexology.

The day is taught by Louise Keet author of the Reflexology Bible and Hand Reflexology. You will be given handouts including images of the reflexology points, clear instructions of the sequence, nail diseases and treatment consultation paperwork.

You will have 2 live slow guided supervised practices of all the points on the hand where Louise will use the zoom close up features to ensure you are working to access the points accurately. You will also be taught; how to create mini hand reflexology sequences to add to the end and complement your foot reflexology treatment, common pathologies of the fingernails, making your services appealing and questions will end this informative and interactive day.

Hand reflexology is a very relaxing treatment to experience and has been used successfully to treat a range of stress related conditions from insomnia to depression.

You will learn how to structure treatments to support various systems of the body on this year's course. You will be able to improve your skills, treatment plans,

appreciate the causes to symptoms, develop your understanding of the holistic approach to health and use Hand Reflexology to deliver the best possible treatment.

This is an excellent supportive treatment helping to achieve better results for clients, the hands are closer to the heart and central nervous system and often having a more immediate relaxing effect for the client. Hand reflexology is also a helpful technique to show clients as aftercare advice because the hand reflexes are more accessible to work on in between treatments and can empower the client in their journey to better health.

Hand reflexology is a very relaxing treatment to experience and has been used successfully to support a range of stress related conditions as this can result in many clients suffering from insomnia and depression. Having excellent results for clients, the hands are closer to the heart and central nervous system and often having a more immediate relaxing effect for the client. Hand reflexology is also a helpful technique to show clients as aftercare advice because the hand reflexes are more accessible to work on in between treatments and can empower the client in their journey to better health. There are many health conditions that directly affect the hands and others that include referred pain into the hands and arms and we will look at how to use Hand Reflexology to build up a client base and how to use it with corporate clients at desks. Combining Bergman Facial Reflexology, along with foot and hand Reflexology has been successful in building client bases to offer a more effective and indulgence Reflexology. Many successful therapists offer this combination in a 90 minute treatment.

On completion of the day, you will be awarded a certificate in **Advanced Hand Reflexology** which gives you 14 AoR CPD points there are no case studies required

Places are strictly limited and are on a first come basis please email louise@learnreflexology.com to request your place.

COURSE BOOKING FORM

I confirm my place for Advanced Hand Reflexology on:

Name

Phone NumberE- mail

London School of Reflexology 020 76910793.

www.learnreflexology.com

www.learnreflexology.com. Terms and conditions are the same as the (ITEC Diploma) course we do not offer refunds.