

London School of Reflexology  
Certificated Course in  
**Advanced Spinal Reflexology**  
*Approved Association of Reflexologists 14 C.P.D. course*

*Will be held by Louise Keet live on Zoom on*

**Monday 7<sup>th</sup> August 2023**

9.30am – 4.00pm

**Cost £120**

Spinal Reflexology is a unique and effective way to approach helping change and reduce symptom patterns. You will learn to work on the Spinal reflexes on the feet and work through the back door using spinal nerve roots helping you get better results from your treatment and develop your client base.

The Spinal reflexes represent our spine, our central nervous system as well as the whole body through spinal nerve roots. These nerve roots in between our vertebrae send out nerve branches to innervate the organs, glands and areas of the body.

This course teaches you new skills and techniques to help access the spinal nerve roots and stimulate neural pathways to respective parts of the body, to effectively help a client through stimulating a spinal nerve root to help enhance optimal health.

This fascinating day will develop your knowledge, skills and techniques to treat internal organs of the body by accessing them through the foot spinal nerve root reflexes with a totally new approach and sequence.

You will learn how to access each individual vertebra and spinal nerve root to support neural pathways. You will learn how to apply a range of new effective skills and techniques to offer precision, depth and confidence to your treatments. You will learn how to structure a specific spinal reflexology sequence and treatment that is holistic and bespoke for your individual clients.

You will also learn how to add this new technique to your current sequence to help give a more effective outcome to your treatments and be able to help your clients on a deeper level. Often a client's condition can take many treatments to achieve positive results, Spinal reflexology treats the direct reflex as well as their respective peripheral nerve roots helping to achieve a better outcome. Spinal Reflexology can also identify weak areas in the body.

You will also be taught; how to create shorter and specific-Spinal reflexology Sequence Protocols to help you plan bespoke spinal reflexology treatments that are designed for individual clients.

Additionally, you will be taught a Spinal Reflexology sequence for clients who are suffering from **Long Covid**. as we are seeing more clients suffering from the effects of Covid.

This course gives a new approach to treatments help develops skills to a high level and to help disorders throughout the body's systems including: digestive conditions, endocrine and reproductive issues, inner ear and balance problems, carpal tunnel syndrome, frozen shoulder and the effects of stress on the body by stimulating the spinal nerves. This will make your treatments far more effective and appealing to clients and the spine will start to take on a new meaning and become a pivotal area of your treatments. You will require a 'client' or alternative (plastic feet) to work on from 1.10pm – 3.20pm

On completion you will be awarded with an Advanced Spinal Reflexology Certificate

Places are limited and are on a first come basis please email [louise@learnreflexology.com](mailto:louise@learnreflexology.com) to request your place.

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**COURSE BOOKING FORM**

I wish to confirm my place for **Spinal Reflexology** on:  
and enclose my course fee of £120 to London School of Reflexology.

Name .....

Address.....

Phone Number .....e- mail .....

Please return your completed application form to: London School of Reflexology

13 Brookfield Mansion, Highgate West Hill London N6 6AS. 020 7691 0793

www.learnreflexology.com. Terms and conditions are the same as the (ITEC Diploma) course we do not offer refunds.