

London School of Reflexology

Certificated Diploma Course in

Advanced Hand Reflexology

Held at 13 Brookfield Mansions Highgate West Hill N6 6AS

Monday 19th July 2010

or

Friday 8th October 2010

or

Thursday 18th November 2010

10.00am – 5.30pm Cost: £60

This course will teach you a range of skills that will enable you to give a complete Advanced Hand Reflexology treatment. This is an effective treatment that will suit corporate clients, mother toddler groups, children's reflexology, elderly care homes and for talks, demonstrations and introductions to reflexology. Within your practice you could combine Hand and foot reflexology for the first treatment. For many reflexologists this has been a successful way to build up a client base and get your practice noticed over your competitors.

Hand reflexology is a good alternative for clients who do not want their feet touched or have foot infections. It can be used in an indulgence treatment which also includes Indian head massage.

Hand reflexology is a very relaxing treatment to experience and has been used successfully to treat a range of stress related conditions from insomnia to depression. The hands are closer to the heart and central nervous system than the feet so tend to have a more immediate relaxing effect for the client. Hand reflexology is also a helpful technique to show clients to work on their own reflexes in between treatments.

The range of potential clients that will benefit from hand reflexology is diverse and include those suffering with arthritis, multiple sclerosis, insomnia, frozen shoulder, stress and anxiety or panic attacks, repetitive strain injury and carpal tunnel syndrome. The elderly often prefer hand reflexology and it is successfully used on children. We will look at how to use Hand Reflexology to build up a client base and how to use it with corporate clients at desks.

On completing this course you will be awarded with an [Advanced Hand Reflexology Certificate](#) and receive 14 CPD points.

COURSE BOOKING FORM

I wish to confirm my place for [Advanced Hand Reflexology](#) on:

Choose Date:

- Monday 19th July 2010 or
 Friday 8th October 2010 or
 Thursday 18th November 2010

and enclose my course fee of £60.

Please make cheques payable to: [Louise Keet](#)

Name

Address.....
.....

Phone Numbere- mail.....

Please return your completed application form to:

[L Keet,](#)
[London School of Reflexology](#)
[13 Brookfield Mansion](#)
[Highgate West Hill](#)
[London N66AS.](#)

Terms and conditions apply and are the same as diploma courses; we do not give a refund but can offer you a place on a later course. We reserve the right to change venues and please check for venue details.

www.learnreflexology.com

tel: 020 76910793